

Army Vision: By 2028, a world-class Army that is a source of national pride.

HEADQUARTERS
PHILIPPINE ARMY
**OFFICE OF THE ASSISTANT CHIEF OF STAFF FOR
COMMAND AND CONTROL COMMUNICATIONS, AND CYBER SYSTEMS, G6**
Fort Andres Bonifacio, Metro Manila

6/CMB

15 March 2017

CYBERSECURITY BULLETIN

Cybersecurity Bulletin: #17-10

**Stop Stressing: 10 Internet Safety Rules To Help
Keep Your Family Safe Online**



Children today can access more information than any generation before. Because of the Internet they now have a wealth of information that can enrich their lives in new and wondrous ways. But the Internet also has the potential to harm us, and the people we love. Too often we read about another company falling victim to a cyber attack, or a friend's email or social network account being hacked. These dangers are real.

And though there are real reasons to protect your kids and your data from cyber thieves, you shouldn't need to shy away from the advantages the Internet has to offer your family. The bad guys may be smart, but you can be smarter.

Here are 10 ways you can protect your family's devices so they can go online, without worry.

1. Realize that cyber security is a moving target. Cybercriminals are constantly coming up with new threats, so you need to be conscientious about downloading the latest security updates and patches and watching the news for any new threats.

Cybersecurity Bulletin #17-10

Army Core Purpose: Serving the people. Securing the land.

Army Vision: By 2028, a world-class Army that is a source of national pride.

2. Get wise to phishing. You may be sophisticated enough to know not to click on a URL that's supposedly from your bank or a friend, but does everyone in your household? Tell your kids about phishing and warn them not to click on URLs from an email or social network message. Get a security program that recognizes and blocks dodgy URLs.

3. Watch out for scams. There are other ways to trick you into entering information. Even some so-called legitimate businesses can trick you into signing up for recurring annual payments and the like. Watch your credit card statements closely.

4. Use a password management system. Passwords are the primary defense against hacks for most people and its no secret that it's often a pretty flimsy one. Bolster your defense with a password management program. Best of all, this way you only need to remember one password.

5. Keep social networks secure. There's a good chance that at least one person in your house is on a social network. Unfortunately, social networks have become a draw for cybercriminals. Keep a close eye on your friends' social network accounts. If someone messages you who hasn't done so in a while, then be suspicious. Your friend's account may have been hacked.

6. Identify the threat in your household. Your home Wi-Fi network is another entry point for hackers. Make sure you have a hard-to-crack password and consider security software that identifies "intruders" on the network.

7. Educate kids about online safety. When it comes to cyber-security, kids are often the weakest link. Get security software that keeps kids from clicking on the wrong links and visiting the wrong sites. Teach kids about suspicious activity online and encourage them to ask for help if something seems suspicious.

8. Don't forget mobile devices. Your phone and tablet need as much security protection as your PC. Make sure you've got a full security solution that covers your mobile devices as well. Put a passcode on your tablets and phones too.

9. Use a credit card. Credit cards are insured, so use that rather than your debit card.

10. When in doubt, call support. The best security software programs offer 24/7 support. If you ever have any suspicions you've been hacked, call for help.

Reference:

This was cross posted from:

<https://community.norton.com/en/blogs/norton-protection-blog/stop-stressing-10-internet-safety-rules-help-keep-your-family-safe>

Cybersecurity Bulletin #17-10

Army Core Purpose: Serving the people. Securing the land.

Army Vision: By 2028, a world-class Army that is a source of national pride.

DO YOU WANT TO KNOW MORE? TALK TO US.

POC: MAJ GIL P TARIO II (SC) PA – Assistant Chief, Cyberspace Management Branch, OG6, PA at Landline Telephone Nr: 02-845-9555 Local 6630 and Mobile Telephone Nr: 0917-7982005. Email: tariogp@army.mil.ph.